ADORATION is a time of **worshipping** God for who He is. In Scripture, we are told to enter God's courts with praise (Psalm 100:4). Psalms 145-150 are Psalms of adoration. Read a few verses and pray them back to God. E.g. Psalms 145:3 "Great is the Lord, and greatly to be praised." Sample prayer: "Lord you are such a great God. You are worthy to be praised. I praise you Lord, You are everything to me Lord..."

Words of Adoration: "Lord I love you, you are good, you are kind, gracious, merciful, you are all-powerful (omnipotent), all-knowing (omniscient), you are in total controlled everything (sovereign), present everywhere (omnipresent), there is no one like you (transcendent), you are unchanging (immutable), you are totally complete within yourself (all sufficient), you are the only wise God (Rom. 16:27), you are Holy, Righteous, Faithful, Loving, Accepting, and Forgiving. You are goodness, kindness, long suffering, humility, self-control. You are my Shepherd, my Guide, my Provider, my Teacher, my Healer, my Help in times of need, my Creator and my Sustainer, you are my Peace, you are my Hope, you're my Joy. Lord I trust you, Jesus I believe you're God's Son, You are Lord, I magnify you, I lift you up, I bless your name, you are all I need. Glory to the Lamb of God, all blessing, honor and power belongs to you."

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